# **Youth Guide: Preparing for the 2022 Carolinas Youth Mentoring Symposium**

Saturday, November 12th | 9am - 4pm | 100 Friday Center Dr, Chapel Hill, NC 27517



# 🗱 Lock Down Your Transportation

Make sure you know how you're getting to the Symposium. Are you carpooling? Text your ride! Are you ubering? Make sure you have the app downloaded!



# Read the Schedule

Sessions will have a capacity limit. Make sure you know what's happening when so you don't miss out on something you'd really like to participate in!



### **Connect with Other Guests**

Want to know who's coming to the CYMS? Check social media! Lots of times, attendees will like and share posts about the conference beforehand - search using the hashtags #2022CYMS, #CourageToThrive, and #CarolinasYouthMentoringSymposium



# **Networking**

Conferences are great places for networking. Come to the Symposium prepared with ways to talk about yourself write a little script, bring a business card, and clean up your social media profiles. You never know who you'll meet!

# DOWNLOAD **WHOVA**





## Know Your Goal

Be clear about your "why" for attending the CYMS. Are you coming to network? Learn more about mentoring? Attend a particular session? The clearer you are about your goal, the better the day will be.



### **Notetaking**

Remember what you learn at a conference by taking notes! Be sure to prepare by packing a notebook, writing utensil, and anything else you might need.



# Technology Check

Make sure that the technology you are bringing to the Symposium is ready for a full day of use. Charge your cellphone, bring your laptop case, and don't forget to download the Whova app. You can even bring an extra charger, just in case!



# **Define Your Follow-Up**

So what's next? After a conference, you'll want to be sure to get in touch with everyone you met. Seize the opportunity to send, "Thank You!" or "Hello!" emails to the new connections in your network.

Got questions? Reach out - we are happy to help! Email info@youthmentoringcollaborative.org

